

# MEMBERSHIP INFORMATION

Open to all High School Students

## High School Satellite Training Package:

\$150.00 - Season begins Sept. 13 leading into first official High School swim practice. Resumes for two weeks following High School State leading into Indiana Senior State.

Package includes 6 weeks prior to high school season and 2 weeks following the end of the high school season, USA Swim Fee, Cardinal Membership Fee, CARD team suit, cap, and tshirt. Current Cardinal Members must have a \$0.00 account balance prior to registering for this program.

## Meet Waiver Restrictions:

If a High School Swimmer chooses to use their non high school swim meet waivers, one waiver must be used for the CARD swim meet on December 10-12, 2010. Satellite swimmers must have their waivers approved by the satellite coach.

## Mission Statement:

Our mission is to maximize the potential of high school swimmers by providing:

- Swimming conditioning prior to the start of high school season.
- Technique-based training intended to improve swim quality.
- Relationships with new teammates who are committed to high level swimming.
- Opportunities to compete with and against some the best swimmers in the state.
- Chance to qualify for Indiana Senior State Championships.

Member of



# CARDINAL SWIM CLUB

## High School Satellite Program

For additional information and registration forms, please visit:

[www.cardinalswimming.com](http://www.cardinalswimming.com) or  
contact Steve Spradlin,  
High School Satellite Coach at  
[sspradlin@muncie.k12.in.us](mailto:sspradlin@muncie.k12.in.us)

**Welcome** to the Cardinal Community Swim Club (CARD) USA Swimming Team and the newly established High School Satellite Program.



By choosing Cardinal, you have joined one of the premiere swim teams in Indiana. The Cardinal Swim Club is a non-profit organization offering competitive swim programs for the novice through national-caliber athlete. Achieving Level 2 Recognition Certification by USA Swimming this last year, the Cardinal program has been successful at the local, regional, and national level for twenty five years.

We view swimming as good, clean, wholesome fun. We train our swimmers to associate fun with their time spent in the sport and hope that our program starts children on a path to lifelong health and fitness. Perhaps the greatest benefit of participating in Cardinal programs is the life skills your swimmer will develop. These skills include self discipline, time management, sportsmanship, and many others.



Many of our swimmers have gone on to be very successful in life, using skills they gained from their Cardinal swimming experience.

The Cardinal Coaching Staff and your Board of Directors are dedicated to the success and improvement of our team as a whole and of each individual swimmer. We are confident that you will enjoy the Cardinal experience and wish you success in your swimming endeavors.

Good luck and swim fast,  
*Tony Santino*, Head Coach,

*Steve Spradlin*, Satellite Coach, and

*CARD Swim Club Board of Directors*



## Commitment to Program:

All board members will strive to make themselves available to provide any type of assistance needed throughout the swim season. The growth and well being of the club is of the highest priority to each board member and we would like to instill the same pride in our club to all members. The club is managed through the board's actions, but the club is made successful through each and every members contributions. The Cardinal Community Swim Club Board of Directors is currently made up of the following listed individuals

### Cardinal Community Swim Club Board of Directors

President	Raquel Clasby
Vice President	David George
Treasurer	Bill Anacker
Secretary	Karen Haller
Meet Entry	
Coordinator	Lynn McCoy
Safety	
Coordinator	David Stagge
Member	Greg Rawson
Member	Elizabeth Baldwin
Member	Janet Hicks
Past President	Lance Ottinger

### Coaching Staff

Head Coach	Tony Santino
Asst. Coach	Jason Kubick
Asst. Coach	Emily Kowalski
Asst. Coach	Mallory Collins
High School Satellite Coach	Steve Spradlin